



www.CenterforRelationalChange.com

1789 South Braddock Ave., Suite 350, Pittsburgh, PA 15218
Phone number: 412-301-5221 Fax number: 412-727-7475

Group Therapy: Women Overcoming a Neglected Childhood

Who: Are you a woman who suffers from low self-esteem, depression, anxiety, problems maintaining healthy relationships or other relational issues? Did you also experience physical or emotional neglect in childhood?

What: The goal of this group will be to help women gain insight into how childhood experiences have shaped their adult life, relationships and experiences.

The group setting will create a new community that encourages growth and healing. All group therapy sessions are confidential allowing for a safe, supportive experience.

Fee: \$5 Cash or Check

For more information or to find out if this group is an appropriate fit, please call The Center for Relational Change at 412-301-5221