



[www.CenterforRelationalChange.com](http://www.CenterforRelationalChange.com)

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### Group Therapy Client Information Form

As part of beginning the therapy process, please take a few minutes to complete the Group Therapy Client Information Form. This information will help your therapist better understand your therapeutic needs, and will help us both find solutions to the situations that are creating difficulties.

Date: \_\_\_\_\_

Name \_\_\_\_\_ Pronouns \_\_\_\_\_

Date of Birth \_\_\_\_\_ Telephone number \_\_\_\_\_

Mailing address \_\_\_\_\_

Name and telephone number of emergency contact: \_\_\_\_\_

Sources of Stress: What are the primary issues for which you are seeking group therapy?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Do you have any particular concerns or fears regarding group therapy?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

What are your goals for group therapy?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_